



DSL Supervision

We are currently working with a number of schools in the East, both primary and secondary offering DSL supervision. It has become very apparent that not only is there a real need for this, but also that there are very common themes and issues emerging. Below is a brief overview of how it works.

Why is it necessary?

Most caring professions have quality supervision built in to provide quality guidance and support for their staff in coping with what can be harrowing and mentally exhausting work, yet it is fairly rare in schools, despite the obvious toll being a DSL can take on an individual or a team.

Who is the supervisor and what are their qualifications?

The supervisor is a successful former primary headteacher with 28 years of experience in a number of challenging educational settings. They have relevant and up to date safeguarding experience and qualifications, as well as a portable DBS.

Model of Supervision

We offer both group and individual supervision for DSLs. We use the integrated (4x4x4) approach to supervision as developed by Morrison (2005) and Wannacott (2013). The sessions, though formally organised and robust, are designed to be highly supportive and to enable a trusting, safe space to engage and unload.

Takeaway Trio

Each group session comes with a Takeaway Trio, three carefully curated relevant and current articles, pieces of research or developments to support the work of the DSL team.

Frequency

Most schools prefer the model of half-termly supervision. If a school is part of a federation, they can work as a group to keep costs down.

Group/Individual

Both can be offered. In most instances, group supervision is essential and can work hand in hand with individual sessions. Group supervision works best with between 3 and 5 participants.

Cost

Group supervision lasts for up to an hour and a half and prices are £75 per hour for virtual and £80 per hour for face to face. Face to face works best, but a blended approach can also work. Some schools fit group and individual supervision together on the same day. Prices for this are £275 for half a day and £500 for a day but please be assured, we will always automatically select the most economical way for you. The only additional cost is travel (45p per mile) and if there is additional admin created from the meeting (this is charged at £75 per hour).

Feedback

Below are some examples of feedback received from the schools we are working with:

"I think the support will be really useful for everyone going forward. It's good to talk!"

"It's great to have time to discuss so openly in a supportive environment."

"Our work with Better Balance Education has been really helpful in supporting our safeguarding staff in what can be a challenging and difficult role. Kevin has a wide range of experience in this field which has meant his sessions have been meaningful and supportive."

Interested in finding out more?

Get in touch, we want to hear from you! We prefer to meet face to face before we start working with each other, don't worry there's no charge for this!

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Note: All prices quoted are for Academic Year 2022-23